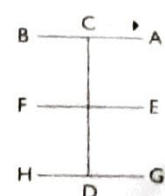
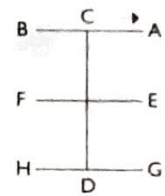
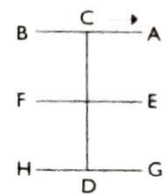
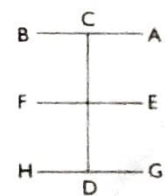
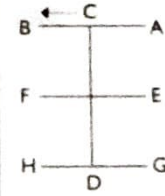
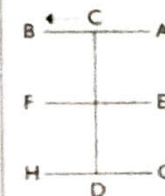
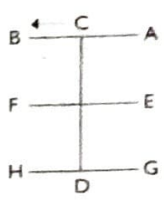
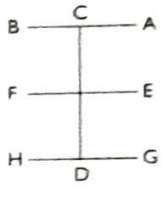
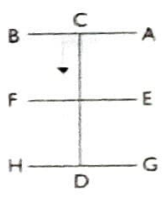
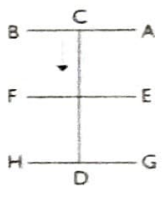
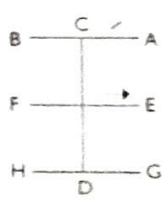
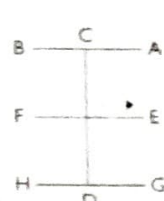

Tae Geuk 3 Jang

Taegeuk 3 Jang concerns actions applying the principle of Ri of Palgwe. Ri represents the creative passion of fire and the sun. Fire is a flickering energy, of unpredictable pace and styling, and of quiet followed by great excitement or great passion—but continually moving and burning. What distinguishes humans from animals is that humans know how to use fire. Burning fire gives people light, warmth, enthusiasm, and hope. Taegeuk 3 Jang actions, accordingly, should be performed with variety and passion. Actions of the hands, feet and body are successively used in defense.

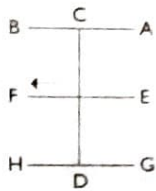
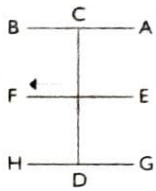
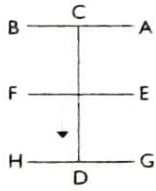
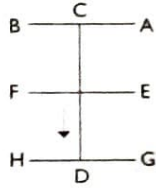
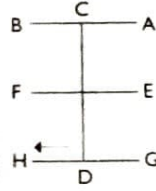
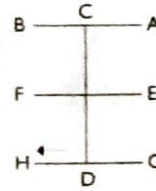
Tae Geuk 3 (Tae Geuk Sam-Jang)

Number	Description	Illustration	Diagram
1	FROM READY STANCE (<i>jhoon-bi</i>) Turn the body to left, moving left foot toward "A" forming a left walking stance (<i>cut-ki suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with left arm.		
2 _a	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "A" with right foot.		
2 _b	Drop right foot into a right front stance (<i>choon-gul suh-gi</i>) while executing a middle punch (<i>choon-dan chi-ki</i>) with right fist.		
2 _c	Keeping both feet fixed, immediately execute a left middle punch (<i>choon-dan chi-ki</i>).		
3	Turn the body to right, move right foot toward "B" forming a right walking stance (<i>cut-ki suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with right arm.		
4 _a	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "B" with left foot.		

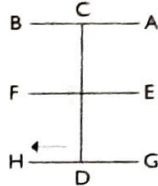
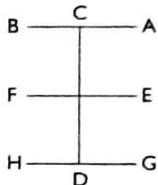
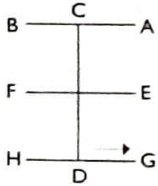
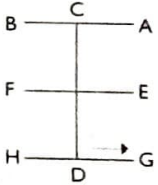
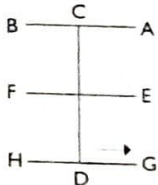
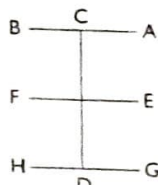
Tae Geuk 3 (Tae Geuk Sam-Jang)

Number	Description	Illustration	Diagram
4 _b	Drop left foot into a left front stance (<i>choon-gul suh-gi</i>) while executing a middle punch (<i>choon-dan chi-ki</i>) with left fist.		
4 _c	Keeping both feet fixed, immediately execute a middle punch (<i>choon-dan chi-ki</i>) with right fist.		
5	Turn body to left, move left foot toward "D" forming a left walking stance (<i>cut-ki suh-gi</i>) while executing a reverse knifehand strike (<i>sohn-nal mok chi-ki</i>) with right hand.		
6	Move right foot one step forward toward "D" forming a right walking stance (<i>cut-ki suh-gi</i>) while executing a reverse knifehand strike (<i>sohn-nal mok chi-ki</i>) with left hand.		
7	Turn body to left, move left foot toward "E" forming a left back stance (<i>hoo-gul suh-gi</i>) while executing a single knifehand guarding block (<i>han sohn-nal mak-ki</i>) with left hand.		
8	Slide left foot into a left front stance (<i>choon-gul suh-gi</i>) while executing a middle punch (<i>choon-dan chi-ki</i>) with right fist.		

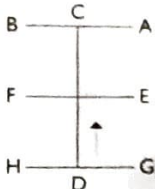
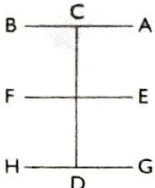
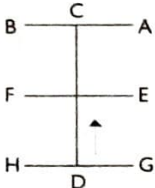
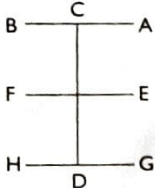
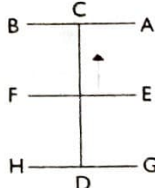
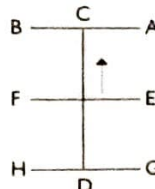
Tae Geuk 3 (Tae Geuk Sam-Jang)

Number	Description	Illustration	Diagram
9	Turn body to right, with left foot fixed, moving right foot toward "F" forming a right back stance (<i>hoo-gul suh-gi</i>) while executing a single knifehand guarding block (<i>han sohn-nal mak-ki</i>) with right hand.		
10	Slide right foot into a right front stance (<i>choon-gul suh-gi</i>) while executing a middle punch (<i>choon-dan chi-ki</i>) with left fist.		
11	Turn body to left, with right foot fixed, moving left foot toward "D" forming a left walking stance (<i>cut-ki suh-gi</i>) while executing a middle block (<i>mom-tong mak-ki</i>) with right arm.		
12	Move right foot one step forward toward "D" forming a right walking stance (<i>cut-ki suh-gi</i>) while executing a middle block (<i>mom-tong mak-ki</i>) with left arm.		
13	Turn body to left moving left foot toward "H" forming a left walking stance (<i>cut-ki suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with left arm.		
14 _a	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "H" with right foot.		

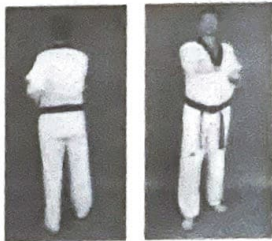
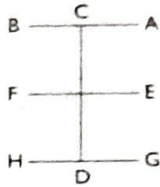
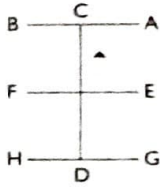
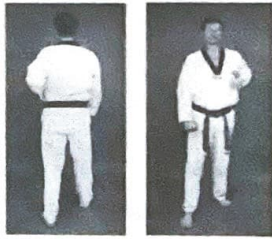
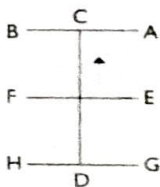
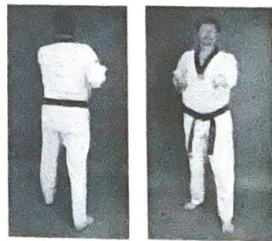
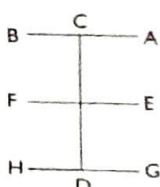
Tae Geuk 3 (Tae Geuk Sam-Jang)

Number	Description	Illustration	Diagram
14 _b	Drop right foot into a right front stance (<i>choon-gul suh-gi</i>) while executing a middle punch (<i>choon-dan chi-ki</i>) with right fist.		
14 _c	Keeping both feet fixed, immediately execute a middle punch (<i>choon-dan chi-ki</i>) with left fist.		
15	Turn body to right moving right foot toward "G" forming a right walking stance (<i>cut-ki suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with right arm.		
16 _a	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "G" with left foot.		
16 _b	Drop left foot into a left front stance (<i>choon-gul suh-gi</i>) while executing a middle punch (<i>choon-dan chi-ki</i>) with left fist.		
16 _c	Keeping both feet fixed, immediately execute a middle punch (<i>choon-dan chi-ki</i>) with right fist.		

Tae Geuk 3 (Tae Geuk Sam-Jang)

Number	Description	Illustration	Diagram
17 _a	Turn body to left moving left foot toward "C" forming a left walking stance (<i>cut-ki suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with left arm.	 	
17 _b	Keeping both feet fixed, immediately execute a right mid section punch (<i>choon-dan chi-ki</i>) with right fist. Note for steps 17, 18, 19 & 20: punch should follow block in rapid sequence.	 	
18 _a	Move right foot one step forward toward "C" forming a right walking stance (<i>cut-ki suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with right arm.	 	
18 _b	Keeping both feet fixed, immediately execute a left mid section punch (<i>choon-dan chi-ki</i>) with left fist.	 	
19 _a	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "C" with left foot.	 	
19 _b	Drop left foot into a left walking stance (<i>cut-ki suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with left arm.	 	

Tae Geuk 3 (Tae Geuk Sam-Jang)

Number	Description	Illustration	Diagram
19 _c	Keeping both feet fixed, immediately execute a right middle punch (<i>choon-dan chi-ki</i>).		
		REVERSE VIEW	
20 _a	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "C" with right foot.		
		REVERSE VIEW	
20 _b	Drop right foot into a right walking stance (<i>cut-ki suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with right arm.		
		REVERSE VIEW	
20 _c	Keeping both feet fixed, immediately execute a left middle punch (<i>choon-dan chi-ki</i>). Yell (<i>kiap</i>) with punch.		
		REVERSE VIEW	
Return to Ready Stance (<i>ba-ro</i>)	Turn body to the left, while pivoting on the ball of the right foot, return the left foot to ready stance and face toward "D".		