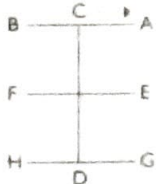
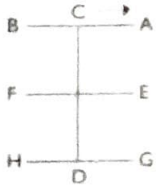
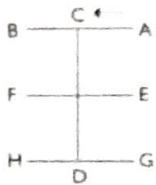
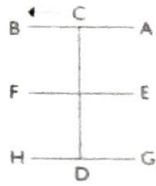
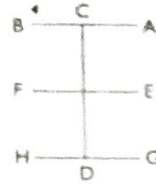
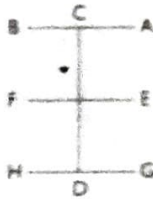
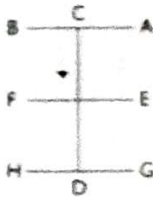
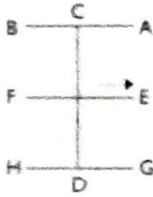
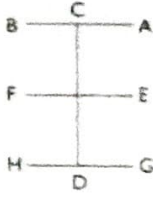
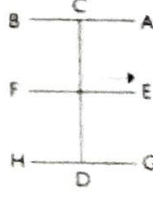
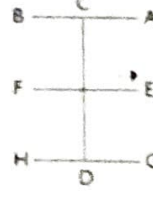

Tae Geuk 6 Jang

Taegeuk 6 Jang is a series of actions applying the principle of Gam of Palgwe. Gam is water, liquid and formless, in a constant state of flow, which overcomes all obstacles. This principle teaches the lesson that we can overcome difficulties and hardship if we go forward with self-confidence. Poomse movements should flow together to show confidence in one's ability to overcome all obstacles. Actions of the Poomse, following the pattern of flowing water, pass over the disconnected parts by kicking. This poomse is characterized by outside forearm block and actions in which single knifehand rising block is executed by twisting the body as in jebbi poom actions.

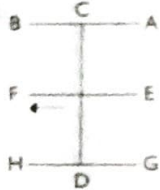
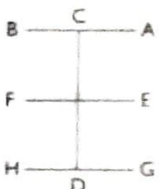
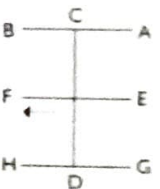
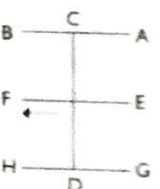
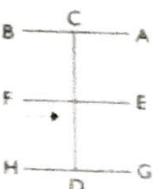
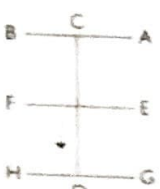
Tae Geuk 6 (Tae Geuk Yook-Jang)

Number	Description	Illustration	Diagram
1	FROM READY STANCE (<i>jhoon-bi</i>) Turn body to the left, moving left foot toward "A" forming a left front stance (<i>choon-gul suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with left arm.		
2 _a	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "A" with right foot.		
2 _b	Return right foot to its last position forming a left back stance (<i>hoo-gul suh-gi</i>) while executing an outside block (<i>pak-ka pal-mok mak-ki</i>) with left arm.		
3	Turn body to right and move right foot to "B" forming a right front stance (<i>choon-gul suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with right arm.		
4 _a	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "B" with left foot.		
4 _b	Return left foot to its last position forming a right back stance (<i>hoo-gul suh-gi</i>) while executing an outside block (<i>pak-ka pal-mok mak-ki</i>) with right arm.		

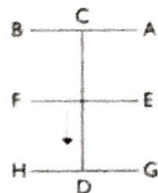
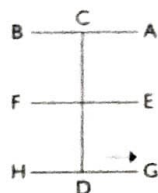
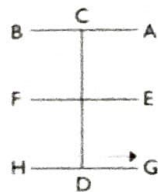
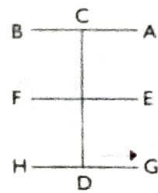
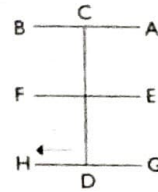
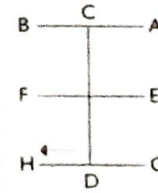
Tae Geuk 6 (Tae Geuk Yook-Jang)

Number	Description	Illustration	Diagram
5	Turn body to the left, moving left foot toward "D" forming a left front stance (<i>choon-gul suh-gi</i>) while executing a right knifehand high section block (<i>han sohn-nal chuk-kyo mak-ki</i>).		
6	Execute a roundhouse kick (<i>tol-lyo cho-gi</i>) toward "D" with right foot.		
7 _a	Drop right foot toward "D". Bring left foot to right one (<i>modeumbal</i>), move left foot toward "E" forming a left front stance (<i>choon-gul suh-gi</i>) while executing an outside block (<i>pak-ka pal-mak mak-ki</i>) with left arm.		
7 _b	Keeping both feet fixed, immediately execute a right middle punch (<i>choon-dan chi-ki</i>) in rapid sequence.		
8 _a	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "E" with right foot.		
8 _b	Drop right foot toward "E" forming a right front stance (<i>choon-gul suh-gi</i>) while executing a middle punch (<i>choon-dan chi-ki</i>) with left fist.		

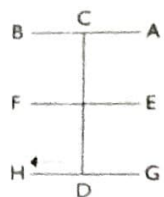
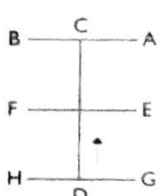
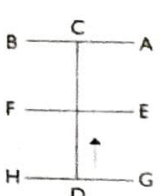
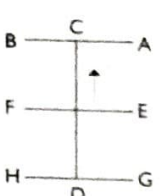
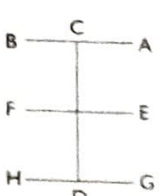
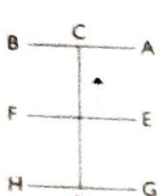
Tae Geuk 6 (Tae Geuk Yook-Jang)

Number	Description	Illustration	Diagram
9 _a	Turn body to the right, move right foot toward "F" forming a right front stance (<i>choon-gul suh-gi</i>) while executing an outside block (<i>pak-ka pal-mok mak-ki</i>) with right arm.		
9 _b	Keeping both feet fixed, immediately execute a left middle punch (<i>choon-dan chi-ki</i>) with left fist in rapid sequence.		
10 _a	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "F" with left foot.		
10 _b	Drop left foot to "F" forming a left front stance (<i>choon-gul suh-gi</i>) while executing a middle punch (<i>choon-dan chi-ki</i>) with right fist.		
11	Turn body left, move left foot back to face "D" forming a ready stance (<i>jhoon-bi</i>) while slowly executing an open block with both arms.		
12	Move right foot one step forward toward "D" forming a right front stance (<i>choon-gul suh-gi</i>) while executing a left knifehand high section block (<i>han sohn-nal chuk-kyo mak-ki</i>).		

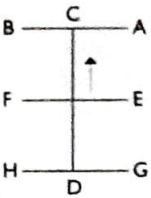
Tae Geuk 6 (Tae Geuk Yook-Jang)

Number	Description	Illustration	Diagram
13	Execute a roundhouse kick (<i>tol-lyo cha-gi</i>) toward "D", yell (<i>kiap</i>).		
14	Drop left foot at "D" and turn body to right. Move right foot toward "G" forming a right front stance (<i>choon-gul suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with right arm.		
15 _a	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "G" with left foot.		
15 _b	Return left foot to its last position forming a right back stance (<i>hoo-gul suh-gi</i>) while executing an outside block (<i>pak-ka pal-mok mak-ki</i>) with right arm.		
16	Turn body left, move left foot toward "H" forming a left front stance (<i>choon-gul suh-gi</i>) while executing a down block (<i>ha-dan mak-ki</i>) with left arm.		
17	Execute a midsection front snap kick (<i>ap-cha pus-u-gi</i>) toward "H" with right foot.		

Tae Geuk 6 (Tae Geuk Yook-Jang)

Number	Description	Illustration	Diagram
17 _b	Return right foot to its last position forming a left back stance (<i>hoo-gul suh-gi</i>) while executing an outside block (<i>pak-ka pal-mok mak-ki</i>) with left arm.		
18	Move right foot toward "C" forming a left back stance (<i>hoo-gul suh-gi</i>) facing "D" while executing a left knifehand guarding block (<i>su-do ta-bi mak-ki</i>).		
19	Move left foot back toward "C" forming a right back stance (<i>hoo-gul suh-gi</i>) facing "D" while executing a right knifehand guarding block (<i>su-do ta-bi mak-ki</i>).		
20	Move right foot back toward "C" forming a left front stance (<i>choon-gul suh-gi</i>) facing "D" while executing a midsection palm heel block (<i>ba-tang-son mak-ki</i>) with left arm.		
21	Keeping both feet fixed, immediately execute a right middle punch (<i>choon-dan chi-ki</i>).		
22	Move left foot back toward "C" forming a right front stance (<i>choon-gul suh-gi</i>) facing "D" while executing a right mid section palm heel block (<i>ba-tang-son mak-ki</i>) with right arm.		

Tae Geuk 6 (Tae Geuk Yook-Jang)

Number	Description	Illustration	Diagram
23	Keeping both feet fixed, immediately execute a left middle punch (<i>choon-dan chi-ki</i>).		
Return to Ready Stance (<i>ba-ro</i>)	Slide left foot forward toward "D" and into ready stance.		